



MY PRAYER BOOK



*A step-by-step guide to perfect
your child's obligatory prayer
according to the Qur'ân and the Sunnah.*

ALL RIGHTS RESERVED © جميع حقوق الطبع محفوظة

No part of this book may be reproduced or utilized in any form or by any means, electronic or mechanical, including photocopying and recording or by any information storage and retrieval system, without the written permission of the publisher.

Second Edition: August 2002

Supervised by:

ABDUL MALIK MUJAHID



OUR BRANCHES, AGENTS AND STOCKISTS

K.S.A. Riyadh: Darussalam Showroom: Tel 00966-1-4614483 Fax: 4644945 **Jeddah:** Darussalam Showroom: Tel & Fax: 00966-2-6807752 **Al-Khobar:** Darussalam Showroom: Tel: 00966-3-8692900 Fax: 00966-3-8691551 **U.A.E:** Darussalam, Sharjah U.A.E: Tel: 00971-6-5632623 Fax: 5632624 **Pakistan:** Darussalam, 50 Lower Mall, Lahore: Tel: 0092-42-724 0024 Fax: 7354072 Rahman Market, Ghazni Street Urdu Bazar Lahore Tel: 0092-42-7120054 Fax: 7320703 **U.S.A:** Darussalam, Houston P.O Box: 79194 Tx 772779 Tel: 001-713-722 0419 Fax: 001-713-722 0431 E-mail: sales@dar-us-salam.com **Darussalam, New York** 572 Atlantic Ave, Brooklyn New York-11217, Tel: 001-718-625 5925 **U.K:** Darussalam International Publications Ltd. 226 High Street, Walthamstow, London E17 7JH, Tel: 0044-208 520 2666 Mobile: 0044-794 730 6706 Fax: 0044-208 521 7645 Darussalam International Publications Limited Regent Park Mosque, 146 Park Road, London Nw8 7RG Tel: 0044-207 724 3363 **France:** Editions & Librairie Essalam 135, Bd de Ménilmontant- 75011 Paris Tél: 0033-01- 43 38 19 56/ 44 83 Fax: 0033-01- 43 57 44 31 E-mail: essalam@essalam.com **Australia:** ICIS: Ground Floor 165-171, Haldon St. Lakemba NSW 2195, Australia Tel: 00612 9758 4040 Fax: 9758 4030 **Malaysia:** E&D Books SDN. BHD.-321 B 3rd Floor, Suria Klcc, Kuala Lumpur City Center 50088 Tel: 00603-21663433 Fax: 459 72032 **Singapore:** Muslim Converts Association of Singapore 32 Onan Road The Galaxy Singapore- 424484 Tel: 0065-440 6924, 348 8344 Fax: 440 6724 **Sri Lanka:** Darul Kitab 6, Nimal Road, Colombo-4 Tel: 0094-1-589 038 Fax: 0094-74 722433 **Kuwait:** Islam Presentation Committee Enlightenment Book Shop P.O. Box: 1613, Safat 13017 Kuwait Tel: 00965-244 7526, Fax: 240 0057 **India:** Islamic Dimensions 56/58 Tandel Street (North) Dongri, Mumbai 4000 009, India Tel: 0091-22-3736875, Fax: 3730689 E-mail: sales@IRF.net **South Africa:** Islamic Da'wah Movement (IDM) 48009 Qualbert 4078 Durban, South Africa Tel: 0027-31-304-6883 Fax: 0027-31-305-1292 E-mail: idm@ion.co.za

قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ
وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ

*“Say: Verily, my prayer, my sacrifice,
my living and my dying are for Allâh.
The Lord of the ‘Âlamîn (mankind,
jinn and all that exists).” (6: 162)*

How to pray

The Prophet Muhammad ﷺ said:

صَلُّوا كَمَا رَأَيْتُمُونِي أُصَلِّي (صحيح البخاري)

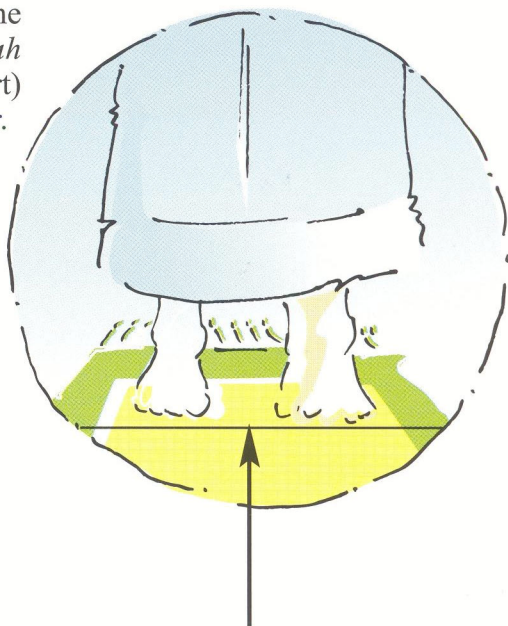
“Pray as you have seen me praying.”

(Sahih Al-Bukhari)

The obligatory prayers are:

2 Rak‘at Fajr, 4 Rak‘at Zuhr, 4 Rak‘at ‘Asr, 3 Rak‘at Maghrib,
4 Rak‘at ‘Ishâ’.

Stand straight facing the *Qiblah*, make *Niyyah* (intention in your heart) for the intended prayer.



Stand for prayer with your feet towards *Qiblah*.

Then start the prayer with this supplication:

اللَّهُمَّ! بَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ،
اللَّهُمَّ! نَقِّنِي مِنْ خَطَايَايَ كَمَا يُنْقَى الثَّوْبُ الْأَبْيَضُ مِنَ الدَّنَسِ، اللَّهُمَّ!
اغْسِلْنِي مِنْ خَطَايَايَ بِالْمَاءِ وَالتَّلْجِ وَالْبَرَدِ.

Allâhumma bâ'id bayni wa bayna Khatayaya kama
ba'atta baynal-mashriqi walmaghribi. Allâhumma
naqqini min Khatayaya kama yunaqqath-thawbul-
abyadu minad-danasi, Allâhummagh-silni min
khatayaya bilma'i waththalji walbaradi.

“O Allâh! Keep me apart from my sins (faults) as you have kept apart the east and west. O Allâh clean me from my sins as a white garment is cleaned from dirt. O Allâh wash me off my sins with water, snow and hail.”

